

# Seisen University

## 2026 Spring Incoming Student Exchange Program

### Information Sheet

As of July ,2025

#### General Information

|                     |   |  |
|---------------------|---|--|
| Name of University  | Seisen University   |  |
| Website (Japanese)  | <a href="https://www.seisen-u.ac.jp/abroad/acceptance/index.php">https://www.seisen-u.ac.jp/abroad/acceptance/index.php</a>   |  |
| Website (English)   | <a href="https://www.seisen-u.ac.jp/eng/academics/intl/index.php">https://www.seisen-u.ac.jp/eng/academics/intl/index.php</a>   |  |
| Movie               | <a href="https://youtu.be/zbLQpYTUF-8">https://youtu.be/zbLQpYTUF-8</a>   |  |
| About the new       | <a href="https://youtu.be/hL5C7jViS6E?feature=shared">https://youtu.be/hL5C7jViS6E?feature=shared</a>   |  |
| Liaison Office      | International Center  |  |
| Contact Information | Name  | Masami Haruyama (Ms.)  |
|                     | E-mail  | <a href="mailto:intlcenter-c@ml.seisen-u.ac.jp">intlcenter-c@ml.seisen-u.ac.jp</a> |
| Mailing Address     | 3-16-21 Higashi Gotanda, Shinagawa-ku, Tokyo, Japan 141-8642  |  |
| School Introduction | <p>Seisen University is a Catholic liberal arts university for women, located in central Tokyo.</p> <p>From April 2025, it will offer two faculties: Humanities and Global Citizenship Studies.</p> <p>Exchange students enroll in one faculty but may take classes across both, supporting an interdisciplinary study plan.</p> <p>Its central location also allows students to fully enjoy all that Tokyo has to offer.</p> |  |

#### Academic Information

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| Academic Calendar for 2026          | First (spring)semester: April 1, 2026 -Late September , 2026<br>*Classes will be held from mid-April through the end of July.  |  |
|                                     | Second (fall) semester: Late September, 2026 - March 31, 2027<br>*Classes will be held from the end of September through mid-January.  |  |
| the Exchange Period                 | 1 academic year or 1 semester  |  |
| Subjects Available FY2025(FYI)      | <a href="https://www.seisen-u.ac.jp/department/syllabus/syllabus.php">https://www.seisen-u.ac.jp/department/syllabus/syllabus.php</a>  |  |
| Courses taught in English(Expample) | <p>Global Citizen and Politics/Global Citizen and Culture</p> <p>Global Citizen and Business /Global Citizen and Human Resource</p> <p>Global Citizen and Development/Global Citizen and Justice</p> <p>Global Citizen and Constructive Controversy</p> <p>International Cultural Exchange/Theater Education</p> <p>Communication Skills/Current Issues</p> <p>* The list for FY 2026 will be available in March 2026.</p> |  |
| Japanese Language Courses           | <p>We offer four Japanese classes at two levels per semester—Grammar, Reading, Speaking, and Comprehensive Japanese—totaling 8 credits, free</p> <p><a href="https://www.seisen-u.ac.jp/eng/academics/intl/classesinjapanese.html">https://www.seisen-u.ac.jp/eng/academics/intl/classesinjapanese.html</a></p>  |  |
| Transcript offered                  | A transcript will be provided to each home institution.  |  |

#### Nomination and Application Information

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| Requirement | Academic requirement | Based on each institution's internal requirements. Applicants need to be selected by their home institutions and recommended to Seisen University. |
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|                                    | <p>Language Proficiency</p> <p>(1) Students with JLPT N2 or higher: Free to choose any subjects, except those restricted.</p> <p>(2) Students with JLPT N3 level (below N2): Take classes mainly in English or practical subjects (e.g., art, PE) in Japanese.</p> <p>All students register for courses with their instructor. A minimum of 7 subjects must be taken, including Japanese language and other courses.</p>  |
| Nomination                         | <p>The person in charge at your university should complete the nomination process. Please inform us of the number of candidates, candidate's name, e-mail address, and JLPT using the Google Form below.</p> <p><a href="https://forms.gle/nofKmckaEyZfkC3b6">https://forms.gle/nofKmckaEyZfkC3b6</a></p>   |
| Nomination Deadline                | <b>October 10, 2025</b> for the 1st (Spring) semester   |
| Application Deadline               | <b>October 24, 2025</b> for the 1st (Spring) semester   |
| Required Documents for Application | <p>Please submit your application via the Google Form below using the format in 《 》. Scanned copy of the application materials is good for us. No need to send the hard copies.</p> <p><a href="https://forms.gle/UunN8ogmrikZBH2E9">https://forms.gle/UunN8ogmrikZBH2E9</a></p> <ol style="list-style-type: none"> <li>1.Exchange Student Application Form, including Study Plan and Statement of Purpose. 《PDF》</li> <li>2.Certificate of the Japanese Language Proficiency Test 《PDF》 <ul style="list-style-type: none"> <li><b>(1) JLPT N2 or higher certificate</b></li> <li><b>OR</b></li> <li><b>(2) JLPT N3 certificate.</b></li> </ul> <p>If unavailable, submit a document from a Japanese instructor confirming N3-equivalent level, course name, and study hours.</p> <p>If available, please also submit an English proficiency certificate.</p> </li> <li>3.Academic transcript from home institute (most recent one) 《PDF》</li> <li>4.Letter of recommendation by a faculty member of home institution for Seisen University 《PDF》</li> <li>5.Proof of financial ability, including a bank certificate 《PDF》 *Issued within 3 months</li> <li>6.Letter of Financial Letter 《PDF》</li> <li>7.Health certificate 《PDF》</li> <li>8.Certificate of Immunization 《PDF》</li> <li>9.Photocopy of the first page of your passport 《PDF》</li> <li>10.ID photo 《JPG》 or 《PNG》 *Issued within 6 months</li> <li>11.Application for Certificate of Eligibility 《Excel》</li> </ol> <p>Application documents can be downloaded from the following page.</p> <p><a href="https://www.seisen-u.ac.jp/eng/admissions/Application.php">https://www.seisen-u.ac.jp/eng/admissions/Application.php</a></p> |
|                                    | <p>Application documents can be downloaded from the following page.</p> <p><a href="https://www.seisen-u.ac.jp/eng/admissions/Application.php">https://www.seisen-u.ac.jp/eng/admissions/Application.php</a></p>  |
| Required Documents for Admission   | <p>After the application is approved, please send House application(optional) and flight info to our office <u>by email</u>.</p>  |

## Scholarship

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| Scholarship for Exchange Students | <p><b>【Seisen Reisen-kai Scholarship】</b></p> <p>◆Offered to one student per partner institution upon recommendation.</p> <p>◆Amount: ¥40,000/month for 10 months (year exchange) or 5 months (semester exchange).</p> <p>◆Not available to students receiving other scholarships of ¥80,000/month or more.</p> <p>* Nomination Procedure</p> <p>Select one student and submit a recommendation letter (PDF) via email. The letter must explain why the student is being recommended. Recipients are expected to actively join international exchange events at Seisen.</p> <p>Please nominate students who will contribute to Seisen's internationalization.</p> <p>Deadline: <b>October 10</b>, 2025 (Spring semester)</p> <p>Late submissions will not be accepted under any circumstances..</p> |
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## Others

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| Accommodation                          | <p>Seisen University does not have official dormitories, but the International Center provides housing information and supports students with searches and contracts.</p> <p>*Kitazono Women's Student Dormitory <a href="http://www.kitazono-j.co.jp/kitazono/">http://www.kitazono-j.co.jp/kitazono/</a></p> <p>*Tokyo Gakusei Kaikan <a href="https://www.tokyo-gakusei-kaikan.co.jp/">https://www.tokyo-gakusei-kaikan.co.jp/</a></p> <p>*Elstanza Den-en-chofu <a href="https://749.jp/cd/2371/">https://749.jp/cd/2371/</a></p> <p><b>Meguro Women's Student Dormitory is no longer available.</b></p> |   |
| Approximate Expenses per Semester      | Tuition fees   | Waived  |
|  | Recommended dormitories  | Monthly rent: approx. 55,000-80,000 yen<br>Entrance fee 110,000 -150,000yen |
|  | Food expenses  | 25,000-35,000JPN per month *Depends on the person.                          |
| Students' Support                      | <p><b>【Academic Advisor &amp; Buddy】</b> Each student is paired with an academic advisor and a buddy student.</p> <p><b>【SEISEN AMIGAS】</b> Volunteer student group offering cultural activities and friendship opportunities for international students.</p> <p><b>【Wellness Center】</b> Provides medical consultations, mental health counseling, and support for student well-being.</p> <p><b>【Career Support Center】</b> Offers part-time job info and career support for students interested in working in Japan.</p> <p><b>【IT Center】</b> Assists with WiFi access and campus system use.</p>        |   |
| Other useful Information               | <p>Exchange students have full access to all campus facilities.</p> <p>Seisen is a member of the Campus Members Program, granting students free admission to national museum exhibitions and discounts on special exhibitions.</p>   |   |
| Insurance                              | <p>All international students are strongly advised to obtain overseas travel insurance before coming to Japan. Students staying longer than 3 months must enroll in Japan's National Health Insurance, which covers about 70% of medical expenses.</p>   |   |
| Suggested Arrival Date and Orientation | <p>The orientation will take place in early April.</p> <p>Check-in date of dormitory: TBA</p>  |   |
| Airport Pick-up Service                | <p>This service is only for students in Seisen-arranged housing. <b>Please ensure your flight allows you to arrive at the dorm by 5pm for key collection.</b></p>  |   |
| Zoom Question Session                  | <p>For inquiries, candidates can speak with our international student staff via Zoom.</p> <p>Feel free to contact us at: intlcenter-c@ml.seisen-u.ac.jp</p>  |   |